



Structured CPD Programmes 2021

PROSPECTUS FOR 2021

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STRUCTURED CPD PROGRAMMES

These Structured CPD Programmes are meant for Christians in counselling or teaching positions and equip learners to understand and apply Christian counselling techniques. All programmes bear 15 CEU points. ***A certificate of completion is issued upon successful completion.***

PROGRAMMES ARE OFFERED IN THE FOLLOWING CYCLES IN 2020

- 1 February 2021 – 11 April 2021
- 19 April 2021 – 27 June 2021
- 5 July 2021 – 15 September 2021
- 20 September 2021 – 28 November 2021

PROGRAMME TITLE	FEE
<p>CCOA - Christian Counselling A</p> <ol style="list-style-type: none"> 1. Overview of Christian Counselling 2. Introductory Issues <ol style="list-style-type: none"> 2.1. Changes in Counselling 2.2. The Counsellor and Counselling 2.3. The Church and Counselling 2.4. The Community and Counselling 2.5. The Core of Counselling 2.6. Legal, Ethical, and Moral Issues 2.7. Multicultural Issues in Counselling 3. Prominent Issues <ol style="list-style-type: none"> 3.1. Depression 3.2. Anxiety 3.3. Anger 3.4. Guilt and Forgiveness 3.5. Loneliness 	R 1995
<p>CTCA - Crisis and Trauma Counselling A</p> <ol style="list-style-type: none"> 1. Traumatology <ol style="list-style-type: none"> 1.1. Definition and Descriptions 1.2. The Effects of Trauma 1.3. Types of Trauma 1.4. Post-Traumatic Responses 1.5 A Biblical Approach to Trauma 	R 1995
<p>MCOA - Marriage Counselling A</p> <ol style="list-style-type: none"> 1. The marriage covenant 2. Principles and development of a marriage 3. Family History, Communication & Conflict 4. Finances 5. The role of the community 6. The sexual relationship 7. Celebrations & Gifts 8. The role of the community 9. Spirituality & marriage 10. Divorce & remarriage 11. The marriage counselling process 	R 1995

<p>CCOB - Christian Counselling B</p> <ol style="list-style-type: none"> 1. Self-Awareness 2. Interpersonal and Identity Issues <ol style="list-style-type: none"> 2.1. Ethics of Sexuality 2.2. Inferiority and self-esteem 2.3. Physical illness 2.4. Singleness 3. Control Issues <ol style="list-style-type: none"> 3.1. Mental disorders 3.2. Alcohol related disorders 3.3. Addictions 3.4. Financial counselling 3.5. Vocational counselling 	<p>R 1995</p>
<p>CTCB - Crisis and Trauma Counselling B</p> <ol style="list-style-type: none"> 1. Assessment, Treatment and Interventions <ol style="list-style-type: none"> 1.1. Assessment 1.2. Treatment 1.3. A Biblically Based Approach to Counselling/Therapy 1.4. Crisis Intervention 	<p>R 1995</p>
<p>CTAB - Counselling the Adolescent B</p> <ol style="list-style-type: none"> 1. Theoretical Concepts of Adolescents and Counselling 2. Challenges when Counselling the Adolescent 3. Sex and drugs 4. The counselling process 5. Mediation & Contracting 6. Problem solving and time management 7. Identity 8. Forgiveness 9. Avoiding Counsellor Burnout 	<p>R 1995</p>
<p>DMTA – Developmental Theory A</p> <p>Developmental Psychology</p> <ol style="list-style-type: none"> 1.1. Theoretical Perspectives 1.2. Biological Influences 1.3. Environmental Influences 1.4. Physical Development 1.5. Theories of Cognitive Development 1.6. Intelligence 1.7. Emotional Development 1.8. Temperament and Self-concept 1.9. Moral Development 1.10. Theories of Adult Development 1.11. The Roles and Identities of Adulthood 	<p>R 1995</p>
<p>HIVB – HIV/AIDS Counselling B</p> <ol style="list-style-type: none"> 1. Facts about HIV/AIDS 2. Prevention and empowerment 3. HIV/AIDS Counselling 4. Care and support 5. Legal, ethical and policy issues 6. A Biblically Based Systemic Perspective 	<p>R 1995</p>

BIBA – Biblical Studies A 1. Exegesis (Bible interpretations)	R 1995
BIBB – Biblical Studies B 1. Exegesis (Bible interpretations) 2. The Gospels	R 1995
L10T – Luke 10 Transformation A 1. Learning how to adopt a lifestyle of following Jesus every day everywhere you go. 2. This prayer, care & share course is based on Jesus’ sending of the seventy two disciples in Luke 10.	R 630
L10T – Luke 10 Transformation B 1. Learning how to teach others to do Luke 10 Transformation (L-10-T) practically. 2. This course is the foundation of becoming an L-10-T Master Trainer.	R 630

APPLICATION FEE OF R 105 APPLIES TO ALL APPLICATIONS

METHOD OF TUITION:

Open-distance (E-Learning)

- Study letters
- Study manuals
- Prescribed reading
- Video Material (where applicable)
- Forums

ASSESSMENT:

Formal

- Bi-weekly Quiz

Continuous

- Online work

Work-integrated learning

- Practical work

WHO SHOULD APPLY?

- Christian Counsellors
- Pastoral Counsellors
- Psychologists
- Psychiatrists
- Social Workers
- Teachers